

# Flowers and Gardens

During June activities at Sunbury Nursing Homes have been focussed on the theme of Flowers and Gardens. Residents have enjoyed a wide variety of activities linked to this theme. These included looking at gardening books and magazines, doing quizzes, making paper flowers, sharing photos and memories of their gardens, exploring garden and flower themed rummage boxes, reading poems and watching dvds, making fruit smoothies, flower arranging, pressing flowers and planting flowers in different types of containers. The list goes on!

One of our aims in selecting this particular theme was to encourage as many residents as possible to spend some time during the month in our lovely gardens. Our Garden Challenge was for residents to go out into the garden, pick a favourite spot and be photographed there. This was supported by our very successful Friday afternoon teas most of which were able to be held in the garden. The aim of these teas was to encourage residents who do not normally select to join in group activities to socialise with a few other residents. This was achieved very successfully by having the residents in small groups scattered around Weir House lawn so no one was overwhelmed by being in a large social group. The Garden Challenge proved very successful with about 30 of our residents being photographed in the garden during the month.



Flower and Garden  
Rummage Boxes





Decorating cakes with sugar flowers and making fruit smoothies

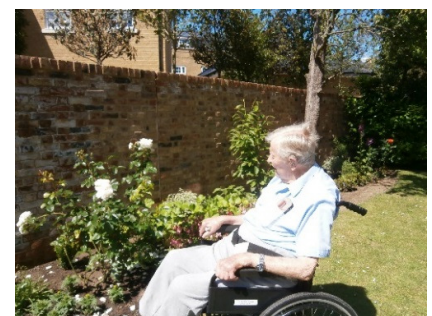


Planting





Garden  
Challenge





Flower Crafts



Flower Arranging





Tea for Two!







Residents enjoy  
afternoon tea  
following a concert  
by children from  
Springfield Primary  
School